



GOAL SETTING WORKSHEET- Complete all the steps in this workbook. Write your BIG goals down-(Step 1). Carefully think out why you want this goal and then list the benefits you will receive -(Step 2). Consider who (person or organization) will help reach this goal-(Step 3). From talking with the people who will help you reach your goal, determine as best you can the obstacles and roadblocks that are preventing you from attaining this goal-(Step 4). From the previous 4 steps , breakdown your goal into daily," attainable" tasks. Take these daily tasks-(Step 5) and transfer them to the "**Success Tracker**" Worksheet. From all the information you now have you can set the date for completion.

Step One	Step Two	Step Three	Step Four	Step Five	Step Six
WRITE the "BIG" Goals	The Benefits & Why	Who Will Help You	Roadblocks / Obstacles	Daily Tasks	When-Date
FINANCIAL					
PHYSICAL					
SPIRITUAL					
INTELLECTUAL					
SOCIAL					
CAREER					